



Sale Primary School No 545

SUN SMART POLICY

Since skin cancer has been recognised as a serious health risk amongst the Australian population, 545 has adopted a policy designed to help protect our students and staff from the harmful rays of the sun.

This policy is fully endorsed by School Council and has been developed between staff, parents, students and School Council from the guidelines provided by the Anti Cancer Council of Victoria.

545 has a policy to make the wearing of hats compulsory. Hats should provide maximum protection for the face, ears and neck. Since all children wear a uniform, this will be a uniform hat.

This policy is adopted from January 1996 to ensure that all children attending Sale Primary School are protected from skin damage caused by the harmful ultra-violet rays of the sun. It is to be implemented throughout the year with particular emphasis in Terms 1 and 4.

A. As part of general Sun Smart strategies:

1. Ensure that hats worn are appropriate and satisfy Anti-Cancer Council of Victoria guidelines.
2. Ensure that adequate shade is provided at sporting carnivals and outdoor events.
3. Ensure there are sufficient shelters and trees that provide shade in the school grounds.
4. Provide SPF15+ broad spectrum, water resistant sunscreen for staff and student use whenever possible.
5. Regularly reinforce the SunSmart Policy in a positive way through newsletters, parent meetings, student and teacher activities.
6. The school will require children to wear hats which protect the face, neck and ears whenever they are outside (eg. recess, lunch, sport, carnivals, excursions and activities). See hat statement (appendix i).
7. Direct children who do not have their hats with them to play in an area protected from the sun.
8. Encourage children to use available areas of shade for outdoor play activities.
9. Organise outdoor activities to be held in areas of shade, whenever possible.
10. Schedule outdoor activities before 10.00 am and after 2.00 pm (11.00 am and 3.00 pm in summer) whenever possible.
11. Encourage staff to act as role models by practising SunSmart behaviours:
 - wearing appropriate hats and clothing for all outdoor activities;

- using a broad spectrum 15+ water resistant sunscreen for skin protection;
- seeking shade whenever possible.

B. When enrolling their children, parents will be:

1. Informed of the **SunSmart** Policy.
2. All prep enrolments will be issued with a school hat free-of-charge, sponsored by the Parents' Club. All new enrolments will be given a copy of the uniform policy which includes compulsory hats for terms 1 and 4.
3. Encouraged to provide SPF15+ broad spectrum, water resistant sunscreen for their child's use.
4. Encouraged to practice sun protective behaviours themselves.

Reference: Anti-Cancer Council of Victoria
1 Rathdowne Street, Carlton South

Appendix I

HAT STATEMENT

Hat Style

The uniform hat is to be a red broad brimmed hat, or a red legionnaires style hat. Children throughout the school will have the choice of their preferred style, but the hat will carry the school logo.

Baseball hats are not considered to give adequate protection and so are not acceptable.

All children are expected to wear uniform hats at all times whilst outside in terms 1 and 4 of the school year. These times include before and after school, recesses, during sporting activities and whilst on excursions.

Implementation

All children will be expected to be wearing uniform hats by the beginning of the 1996 school year.

For all new prep enrolments for 1996, Parents' Club will provide a uniform hat free of charge.